

# 2023 WORLD TAI CHI DAY



Sponsored by The Laughing Dragon Academy  
(an affiliate of Virginia Martial Arts Center)

Saturday April 29<sup>th</sup>, 9:30AM

Taiji Wave at 10AM  
The Shelter Christian Church  
2526 Rodgers St  
Chesapeake, VA 23324

Open to all schools, styles and experience levels of Qigong and Tai Chi  
Demos, Push Hands, Conversation and Pot Luck to follow  
(bring what you like!)

Questions? Contact Shifu Terry Price at [shifu.laughingdragon@gmail.com](mailto:shifu.laughingdragon@gmail.com)

